Neuroscientist, Leadership Coach, Writer, and Trainer





Teetering on the edge of burnout, Irene Salter sweeps her family and career on a round-theworld adventure searching for happiness. Her mission: to reveal the science behind why we love to travel. She returns home with an unexpected discovery: the secret for how to thrive, not just survive, everyday, everywhere Author Media Kit 2024 Irene Salter, PhD Minds

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